Course Code : GHE	
Course Duration : 4 Week	
Course Time : 09:00 - 17:00	
Course Language : Nepali; English	
This is a four-week training course. The training requires full time	Course Overview : Course Goal :
attendance and active participation of all the participants. GHE is one of the modules in TITI's long-term program. The course	apply Primary Health Care (PHC) concepts in practical life situation.
language will be either in English or in Nepali.	illustrate body systems in relation to survival needs of the human
promote family health/community health.	
prepare healthy food and water.	
support environmental hygiene.	
counsel on effects and prevention of HIV/AIDS and STD's.	

Course Cost :