

## General Health Education (GHE)

**Course Code : GHE**

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**Course Duration : 4 Week**

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**Course Time : 09:00 - 17:00**

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**Course Language : Nepali; English**

This is a four-week training course. The training requires full time attendance and active participation of all the participants. GHE is one of the modules in TITI's long-term program. The course language will be either in English or in Nepali.

body.

promote family health/community health.

prepare healthy food and water.

support environmental hygiene.

counsel on effects and prevention of HIV/AIDS and STD's.

**Course Cost :**

**Course Overview : Course Goal :**

apply Primary Health Care (PHC) concepts in practical life situation.

illustrate body systems in relation to survival needs of the human